

SEHA e-Library Newsletter

Issue # 10, November 2024

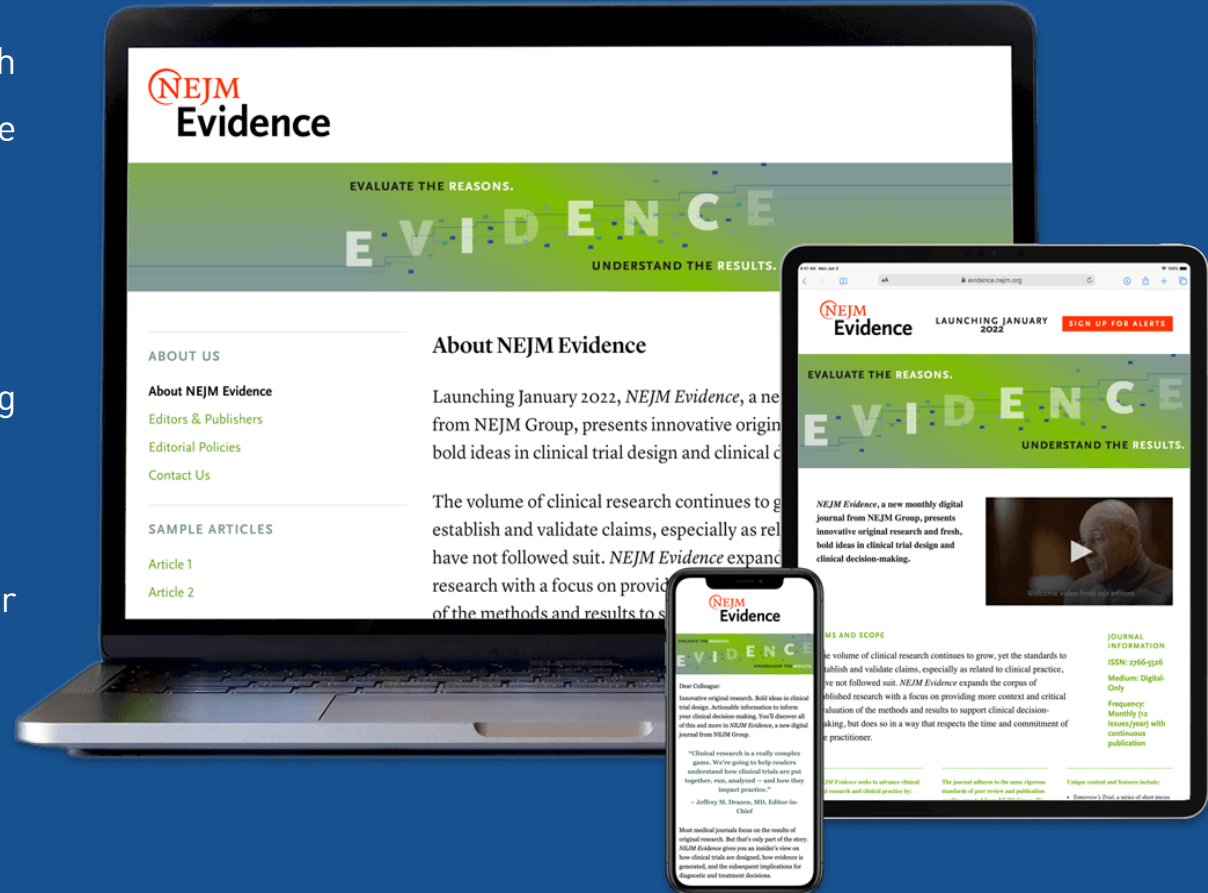
Corp. Academic Affairs



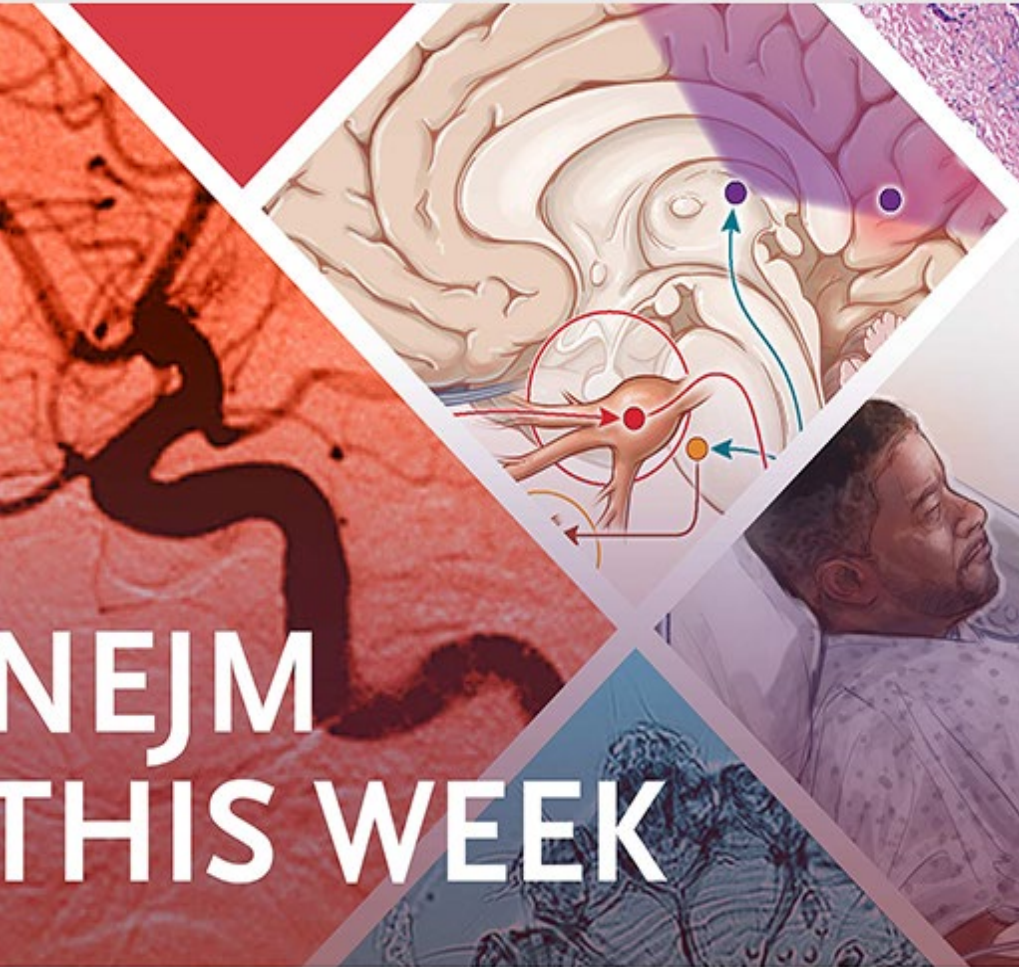
NEJM Evidence - a new addition to Seha e-library

NEJM Evidence, a monthly, MEDLINE-indexed, peer-reviewed journal, provides research and evidence that informs clinical decision-making and spotlights those key areas where more study is critical. Features include:

- **Review articles** on medical topics and clinical trial design and execution
- **Short review articles** in a “journal club” format for quick reading
- **Case presentations** in a “morning report” format to sharpen diagnostic reasoning skills
- **Tomorrow’s Trial**, short pieces examining accepted practices lacking solid evidence
- **Patient Platform**, where patients share their experiences of being in a clinical trial or part of a research study
- **Stats, STAT!**, brief animated videos explaining key statistical concepts



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NEJM THIS WEEK - Podcast

Concise summaries of everything published in the latest weekly issue of the *New England Journal of Medicine (NEJM)*. NEJM publishes new medical research findings, review articles, and editorial opinion on topics of importance to biomedical science and clinical practice.

[READ MORE](#)



The NEW ENGLAND
JOURNAL of MEDICINE

New Content on AccessMedicine

First Aid for the® Family Medicine Boards, 3e

Written by recent test takers, *First Aid for the Family Medicine Boards, Third Edition* delivers high-yield, concise coverage of thousands of board-tested topics along with practical exam-taking and study strategies. Presented in full color throughout, this is the most comprehensive review available for family medicine in-service, certification, and recertification.

First Aid for the® Medicine Clerkship, 4e

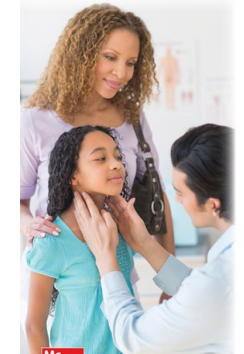
Thoroughly reviewed and revised to provide the high-yield information residents need in a format that facilitates learning and not just memorization. The highly popular internal medicine clerkship resource includes new diagnostic algorithms, full-color images, illustrations diagrams, flow charts, summary boxes, and more.

[Click here to browse in Seha e-library](#)

FIRST AID FOR THE®

FAMILY MEDICINE BOARDS

THIRD EDITION



Concise summaries of high-yield topics for last-minute review

Hundreds of full-color clinical images, diagrams, and tables

Mnemonics and clinical pearls improve exam-day recall

Proven strategies for passing the family medicine boards

Mc
Graw
Hill
Education

Tao Le • Michael Mendoza
Diana Coffa • Lamerice Saint-Hilaire

FIRST AID FOR THE®

MEDICINE Clerkship

FOURTH EDITION



Thoroughly revised to be THE MUST HAVE RESOURCE for your internal medicine clerkship

Covers the KNOWLEDGE and SKILLS you need to SUCCEED in your clerkship and on the shelf exam

ALL NEW FULL COLOR DESIGN

Includes new special boxes, tables, and sections with HIGH-YIELD INFORMATION to help you conquer the wards

Mc
Graw
Hill

Matthew S. Kaufman • Latha Ganti
Dennis Chang • Alfredo J. Mena Lora



Emergency Medicine Informatics Collection

From streamlining processes to improving patient outcomes, this collection offers a wealth of insights and innovations!

Explore the dynamic field of Emergency Medicine Informatics—where cutting-edge technology meets the fast-paced environment of emergency care. This collection dives deep into the intersection of health data, patient care, providers, and health systems, addressing key topics such as electronic health records, workflow efficiency, clinical decision support, and much more.

[READ MORE](#)

Featured Article

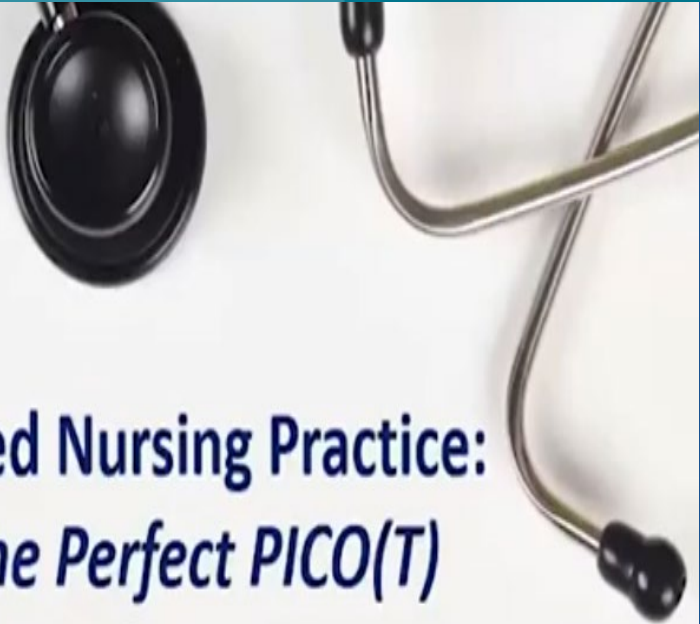
Effects of Time-Restricted Eating in Adults with Metabolic Syndrome:

Time restricted eating (TRE) is a dietary strategy that involves limiting daily dietary intake to a consistent 8 to 10 hours without mandating calorie reduction. **A randomized controlled trial** from *Annals of Internal Medicine* explores the effects of TRE on cardiometabolic health in adults with metabolic syndrome

[Click here to browse this article in Seha e-library](#)

Annals of Internal Medicine®





Evidence-Based Nursing Practice: *7-Steps to the Perfect PICO(T) Search*

Kathy A. Jensen, MHA, RN
Nurse Consultant, EBSCO Health Care

June Levy, MLS
Vice President, CINAHL Information Systems



PICO webinar for Nurses

Watch the webinar hosted by Kathy Jensen, RN, MHA. She demonstrates the importance of starting clinical research using the PICO process.

[Watch replay](#)

Free Course for All: Learn the Basics of AI

Learn the Basics of AI is the first of three courses within KnE Learn's Professional AI Use in Higher Education programme. This first course introduces professionals to essential AI concepts and skills, guiding them to become effective AI collaborators. Participants will explore fundamental definitions of AI, AI literacy, and strategies to integrate AI into everyday tasks.

Enrol now and start mastering AI in your free time! Acquire invaluable skills and insights to elevate your professional influence today!

Note: To access the course for free, simply use code **AI100** and start learning

[ACCESS YOUR FREE COURSE](#)



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Call/Whatsapp/SMS: 050-5212921.

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